



## **DISCOVER PADDLING COVID19 OPERATING PROCEDURE**

### **Statement**

Following the guidance from the British Government and British Canoeing published on the 14/05/2020, via the British Canoeing website, <https://www.britishcanoeing.org.uk/news/2020/covid-19-update-guidance-for-paddlesport-centres-and-hire-providers>

Discover Paddling has put in a number of processes in place to ensure everyone is protected against COVID19.

This COVID19 Operating Procedure is an additional document to Discover Paddling's Normal Operating Procedure.

### **Pre Session**

- Discover Paddling are currently only running sessions for single households that are not quarantining or live with an individual that is quarantining.  
a
- If customers show any signs, symptoms or are diagnosed with COVID 19 they and their household will be informed not to attend.
- Customers will be fully refunded or rescheduled for any sessions cancelled due to COVID19.
- Automated email sent to clients confirming their booking. COVID19 advice is given in this confirmation email and on Discover Paddling's Website on the COVID19 page.
- Clients are informed to bring their own hand sanitiser and use it before touching any paddlesport equipment.
- Clients are to be reassured that all paddlesport equipment has not been used that day and has been disinfected before their session.

### **Before the session**

- All paddlesport equipment will be disinfected, with extra focus on the main contact points; handles, seat, paddles and buoyancy aid.
- All paddlesport equipment is to be laid out ready for the customers to pick it up and put on.
- Discover Paddling staff are to use identical equipment to demonstrate (at a social distance of a minimum of 2m) how to safely carry the equipment, fit their buoyancy aid correctly, and launch their craft onto the water.
- Customers are to be briefed about the emergency first aid kit, they will have access to.



### **During the session**

- Discover Paddling instructors will be on the water at a social distance, greater than 2m at all times.
- Discover Paddling instructors will give paddlesport instruction to ensure the customers stay safe during the paddling activity.
- If first aid is required, the group will be asked to paddle to a suitable area of the river bank to disembark and manage the first aid situation themselves.
- Discover Paddling will give guidance on administering first aid from a minimum of 2m.
- If Discover Paddling instructors are required to directly help with first aid, a new facemask will be worn in addition to rubber gloves.
- Discover Paddling will demonstrate how to disembark the river and carry the equipment back to the storage area.

### **After the session**

- Used paddlesport equipment will be stacked to one side ready for disinfecting. Buoyancy aid will be placed into a specific kit bag by the customer and washed back at Discover Paddling HQ using appropriate cleaning products.
- All paddlesport equipment will be disinfected, with extra focus on the main contact points; handles, seat, paddles and buoyancy aid.
- The paddlesport equipment will only be used once per day.
- Customers are requested to use their own disinfectant hand gel after the session.
- A follow up email will be sent to the customer after the session asking for their feedback and requesting they contact Discover Paddling if they start to show symptoms on COVID19.

### **Document Reviewed By:**

Michael Sims- Discover Paddling Team Leader

23/05/2020